

## Run Bournemouth 2026 – Fundraise for DCH Charity

**Event Dates:** 10–11 October 2026

Take part in the Run Bournemouth weekend and raise funds for the Dorset County Hospital Charity (DCH Charity). Whether you're tackling the full marathon, half marathon, 10K, 5K, or one of the junior races, your efforts will enhance care for patients, their families, and staff at Dorset County Hospital.

### How to Register and Fundraise

#### Secure Your Own Place

Register for your chosen race distance on the official Run Bournemouth website.

Races include:

- Full Marathon
- Half Marathon
- Supersonic 10K
- Supernova 5K
- Junior Races: Junior 5K, 2K, 1.5K, and Kids' Kilo

Each race has its own entry fee and registration process.

### Fundraising Deadlines

Please note DCH Charity will refund your registration fee once you reach a fundraising target of £200 at least 2 weeks before the event, please contact the Charity for details.

### Fundraising: Making a Difference

Your fundraising efforts will directly impact the Emergency & Critical Care Appeal, or another area of DCH that is close to your heart, helping us provide vital equipment and improve patient care at Dorset County Hospital. Here's how you can maximise your impact:

### Step-by-Step Fundraising Guide

#### Set Up Your JustGiving Page:

- Go to our JustGiving page: [www.justgiving.com/dchcharity](http://www.justgiving.com/dchcharity) and click "Fundraise for us".
- When asked what you're doing, select "Taking part in an event" and choose Run Bournemouth 2026.
- Under "Which campaign are you fundraising for?", select Emergency & Critical Care Appeal. This links your page directly to the Appeal campaign so your total adds automatically to the overall fundraising target. If you are not running for the Appeal you don't need to choose a campaign.

- Personalise your page with a compelling story and a photo.
- Set a fundraising target.

### **Get Your Fundraising Pack:**

Email [charity@dchft.nhs.uk](mailto:charity@dchft.nhs.uk) with your name, challenge distance and if set up the link to your JustGiving page. You'll receive:

- A DCH Charity t-shirt or running vest
- Fundraising and social media tips
- Sponsorship forms and donation details.

### **Spread the Word:**

- Share your JustGiving page link on social media.
- Email your friends, family, and colleagues.
- Organise fundraising events (bake sales, raffles, etc.).
- Ask your employer if they offer matched giving.

### **On the Day: Challenge Essentials**

- **Registration:** Arrive at the designated registration point at least 1 hour before your start time.
- **What to Bring:** · Wear your DCH Charity top proudly. Comfortable trainers appropriate clothing for all weather conditions, water bottle, snacks, sunscreen, a fully charged phone, and your enthusiasm!

### **During the Challenge:**

- Follow the marked route, stay hydrated, and most importantly, have fun!
- Take photos and tag us on social media so we can help you celebrate your achievement.

### **Post-Challenge: Completing Your Mission:**

- **Donations:** Ensure all offline donations are submitted to Dorset County Hospital Charity. Email [charity@dchft.nhs.uk](mailto:charity@dchft.nhs.uk) to arrange a face to collection or BAC's transfer
- **Closing Your JustGiving Page:** Thank your donors and share your challenge experience. Keep your page open for a few weeks to allow for any last-minute donations.
- **Share Your Success:** Send us your photos and stories from the challenge – we'd love to feature you on our website and social media!

**Thank you again for your incredible support!**

### **Contact details and Registered Charity number**

- Address: Dorset County Hospital Charity, Williams Avenue, Dorchester, DT1 2JY
- Email [charity@dchft.nhs.uk](mailto:charity@dchft.nhs.uk)
- Phone 01305 253215
- Website [dchcharity.org.uk](http://dchcharity.org.uk)
- Registered Charity Number 1056479